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INTEGRATIVE & BIOLOGICAL MEDICINE

Concepts, Perspectives, Protocols, & Therapeutics
*The art of co-creating wellness
 while effectively managing
 acute and chronic health disorders*

Chiropractic and Naturopathic Mastery of Common Clinical Disorders is a clinically-oriented textbook that introduces and reviews concepts in the assessment and management of the acute and chronic disorders most common in clinical practice: hypertension, diabetes mellitus type-2, viral infections, dyslipidemia, musculoskeletal pain, mood disorders (especially depression and anxiety), and allergy and asthma. Patients are increasingly looking for nondrug and nonsurgical methods for the alleviation of disease and the promotion of optimal health; Chiropractic and Naturopathic Mastery of Common Clinical Disorders provides you with the fundamental information needed for the successful integrative management of the most common conditions seen in the holistic practice of integrative medicine. With several thousand citations to the biomedical literature and about 600 pages of clinically-oriented protocols, this book provides enough information to manage a wide range of conditions successfully with evidence-based protocols.

Students at chiropractic/naturopathic/osteopathic/allopathic medical colleges will find Chiropractic and Naturopathic Mastery of Common Clinical Disorders to provide a needed blend of concepts as well as the practical “how to” information on patient management that is often neglected in other textbooks or which can only be obtained after years of clinical experience. This book will help you synthesize your courses in physical examination, manipulation, physiotherapy, nutrition, botanical medicine, neurology and therapeutic exercise into a cohesive set of skills that enables you to effectively help your patients overcome their acute/chronic health problems while you simultaneously promote optimal health—**wellness**—by looking at the bigger picture of their overall health rather than simply focusing on “the problem.”

Chiropractic and Naturopathic Mastery of Common Clinical Disorders is a compilation of the most popular chapters from Dr Vasquez's previous editions of Integrative Orthopedics and Integrative Rheumatology with brand-new chapters on Asthma, Diabetes Mellitus Type-2 and Metabolic Syndrome, Hypertension, Disorders of Mood and Behavior, and Acute/Chronic Viral Infections. These new chapters help doctors extend their mastery beyond the musculoskeletal specialization detailed in Dr Vasquez's first three textbooks (Integrative Orthopedics, Integrative Rheumatology, and Musculoskeletal Pain: Expanded Clinical Strategies) to treat a much broader range of clinical problems and thus to achieve higher levels of clinical success. With these new chapters in addition to the time-tested chapters from his previous books, Dr Vasquez offers students and clinicians access to evidence-based protocols written specifically written for the successful private practice of chiropractic and/or naturopathic medicine.

Alex Vasquez is a graduate of University of Western States (Doctor of Chiropractic), and Bastyr University (Doctor of Naturopathic Medicine). Dr Vasquez is the author of four textbooks—Integrative Orthopedics (2004, 2007) Integrative Rheumatology (2006, 2007), Musculoskeletal Pain: Expanded Clinical Strategies (2008), Chiropractic and Naturopathic Mastery of Common Clinical Disorders (2009)—and more than 70 letters and articles in professional magazines and medical journals such as *The Lancet*, *British Medical Journal*, *Annals of Pharmacotherapy*, *Nutritional Perspectives*, *Journal of Manipulative and Physiological Therapeutics*, *JAMA: Journal of the American Medical Association*, *Original Internist*, *Integrative Medicine*, *Holistic Primary Care*, *Alternative Therapies in Health and Medicine*, *JAOA: Journal of the American Osteopathic Association*, *Journal of Clinical Endocrinology and Metabolism*, and *Arthritis & Rheumatism: Official Journal of the American College of Rheumatology*.

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Seventeen Chapters of Clinically-Oriented Information, Protocols, & Assessments

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6. Lumbar Spine and Low Back Pain
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8. Psoriasis
9. Rheumatoid Arthritis
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11. Immunonutrition, Immunorestitution, & Viral Infections
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15. Iron Overload
16. Additional Concepts and Selected Therapeutics
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 OF COMMON CLINICAL DISORDERS
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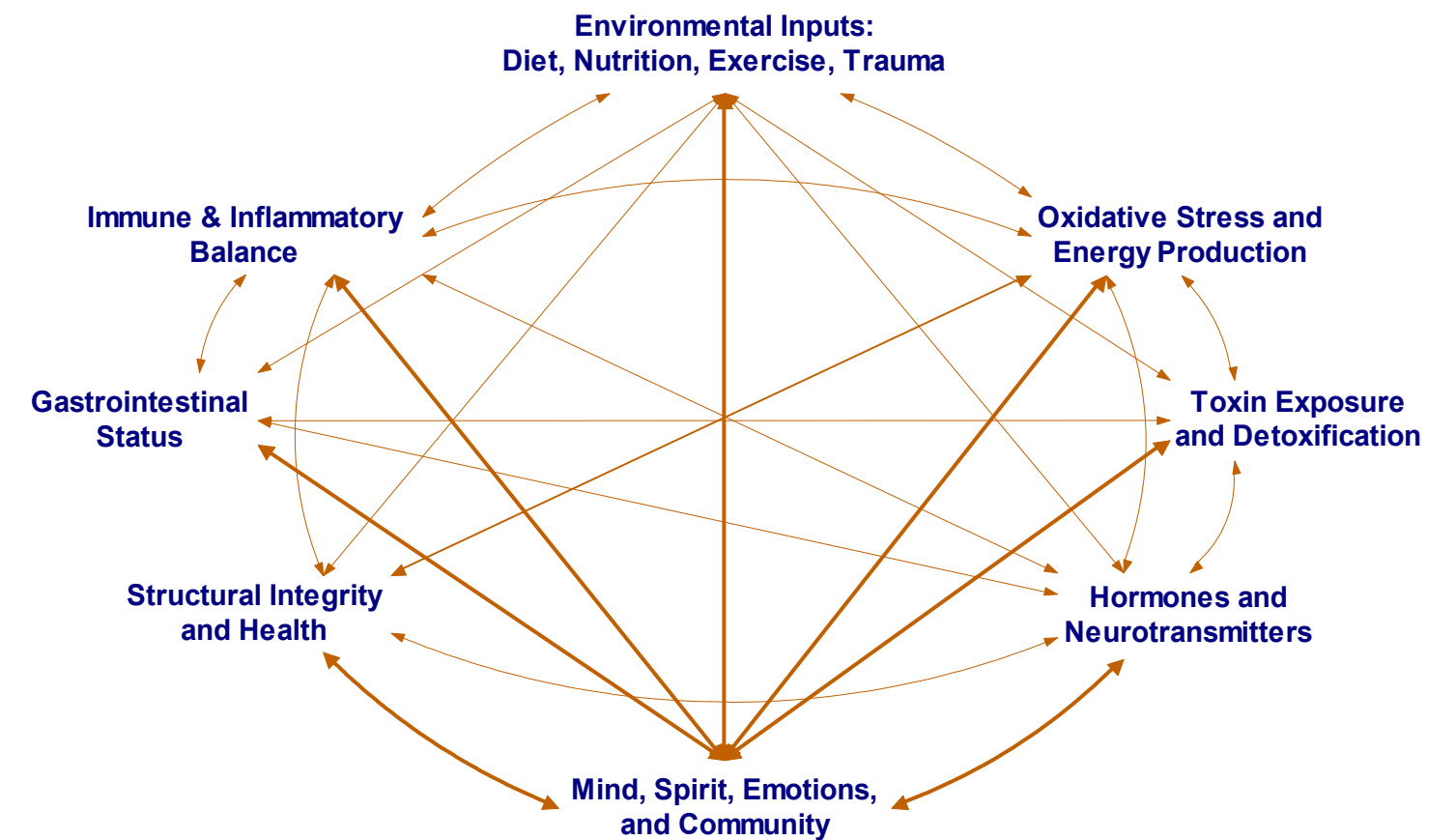


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