

OptimalHealthResearch.com

- Integrative Orthopedics & Rheumatology
- Mastery of Common Clinical Disorders
- Integrative & Functional Management of Hypertension
- Migraine Headaches, Hypothyroidism, Fibromyalgia

Integrative and Biological Medicine

Concepts, Algorithms, Perspectives & Therapeutics
*The art of co-creating wellness
while effectively managing
acute and chronic health disorders*

Topics Presented in this Edition:

1. Clinical Assessments and Concepts ~ 148 pages of text
2. Anti-inflammatory Nutrition ~ 204 presentation slides: This presentation details the foundational protocol for all 3 types of inflammatory disorders: 1) metabolic, 2) allergic, and 3) autoimmune.
3. Migraine ~ 76 presentation slides
4. Fibromyalgia ~ 60 presentation slides
5. Chronic Fatigue Syndrome ~ 42 presentation slides

Inflammatory/metabolic/allergic/autoimmune disorders, migraine headaches, fibromyalgia, and chronic fatigue syndrome affect millions of persons world-wide. Medical-pharmacologic management of these conditions is often expensive and ineffective. In this presentation and accompanying notebook, Dr Vasquez pioneers a new clinical approach to the clinical evaluation and effective treatment of these debilitating yet curable conditions.

About the Presenter and Author: The founding Program Director of the world's first fully-accredited university-based graduate program in Human Nutrition and Functional Medicine, Dr Alex Vasquez is a graduate of University of Western States (Doctor of Chiropractic, 1996), Bastyr University (Doctor of Naturopathic Medicine, 1999), and University of North Texas Health Science Center, Texas College of Osteopathic Medicine (Doctor of Osteopathic Medicine, 2010). Dr Vasquez is the author of several textbooks—*Integrative Orthopedics* (2004, 2007, 2012), *Integrative Rheumatology* (2006, 2007, 2013), *Musculoskeletal Pain: Expanded Clinical Strategies* (published by the Institute for Functional Medicine, 2008), *Chiropractic and Naturopathic Mastery of Common Clinical Disorders* (2009), *Integrative Medicine and Functional Medicine for Chronic Hypertension* (2011), *Migraine Headaches, Hypothyroidism, and Fibromyalgia* (2012), *Fibromyalgia in a Nutshell* (2012)—and approximately 100 letters and articles in professional magazines and medical journals such as *The Lancet*, *BMJ—British Medical Journal*, *Annals of Pharmacotherapy*, *Nutritional Perspectives*, *JMPT—Journal of Manipulative and Physiological Therapeutics*, *JAMA—Journal of the American Medical Association*, *Original Internist*, *Integrative Medicine*, *Holistic Primary Care*, *Alternative Therapies in Health and Medicine*, *JAOA—Journal of the American Osteopathic Association*, *Dynamic Chiropractic*, *Journal of Clinical Endocrinology and Metabolism*, and *Arthritis & Rheumatism—Official Journal of the American College of Rheumatology*. Dr Vasquez lectures nationally and internationally to healthcare professionals and practices in Oregon as a naturopathic physician. Dr Vasquez is also the Founding Editor of *International Journal of Human Nutrition and Functional Medicine* and the Conference Director for The International Conference on Human Nutrition and Functional Medicine—[www. Int J Hum Nutr Funct Med. org](http://www.IntJHumNutrFunctMed.org)

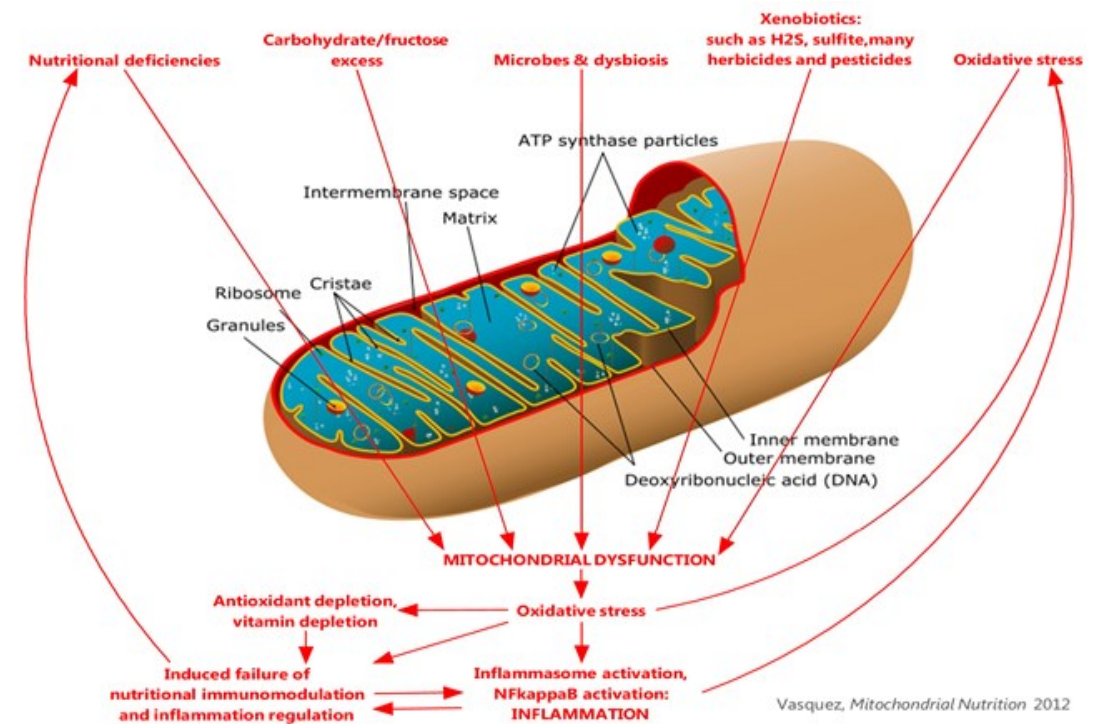
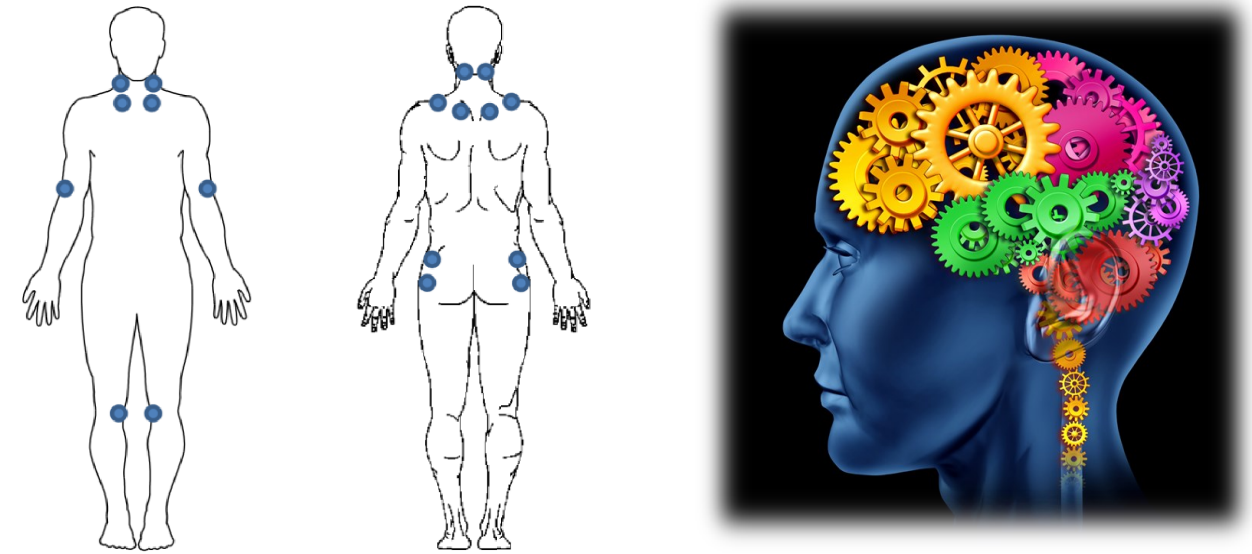
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Clinical Medicine

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DR VASQUEZ'S PRESENTATION ON MIGRAINE HEADACHES,
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Vasquez

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June 2013: Clinical Concepts (148 pages) and Presentation Slides (388 slides)



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