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- Integrative Orthopedics & Rheumatology
- Mastery of Common Clinical Disorders
- Integrative & Functional Management of Hypertension
- Migraine Headaches, Hypothyroidism, Fibromyalgia

Integrative and Biological Medicine

Concepts, Algorithms, Perspectives & Therapeutics
*The art of co-creating wellness
while effectively managing
acute and chronic health disorders*

Selected Topics in NeuroMusculoSkeletal Medicine provides updated versions of previously published chapters on 1) Patient Assessments, Laboratory Interpretation, and Clinical Concepts, 2) Headache and Migraine, 3) Carpal Tunnel Syndrome, and 4) Low Back Pain. These text chapters are followed by updated versions of Dr Vasquez's presentation slides on Migraine, Fibromyalgia, and Chronic Fatigue Syndrome—presented in Paris and Brussels in June 2013. These are common problems seen regularly in clinical practice, and medical-pharmacologic management of these conditions is often expensive and ineffective. In this presentation and accompanying notebook, Dr Vasquez pioneers a new clinical approach to the clinical evaluation and effective treatment of these debilitating yet curable conditions.

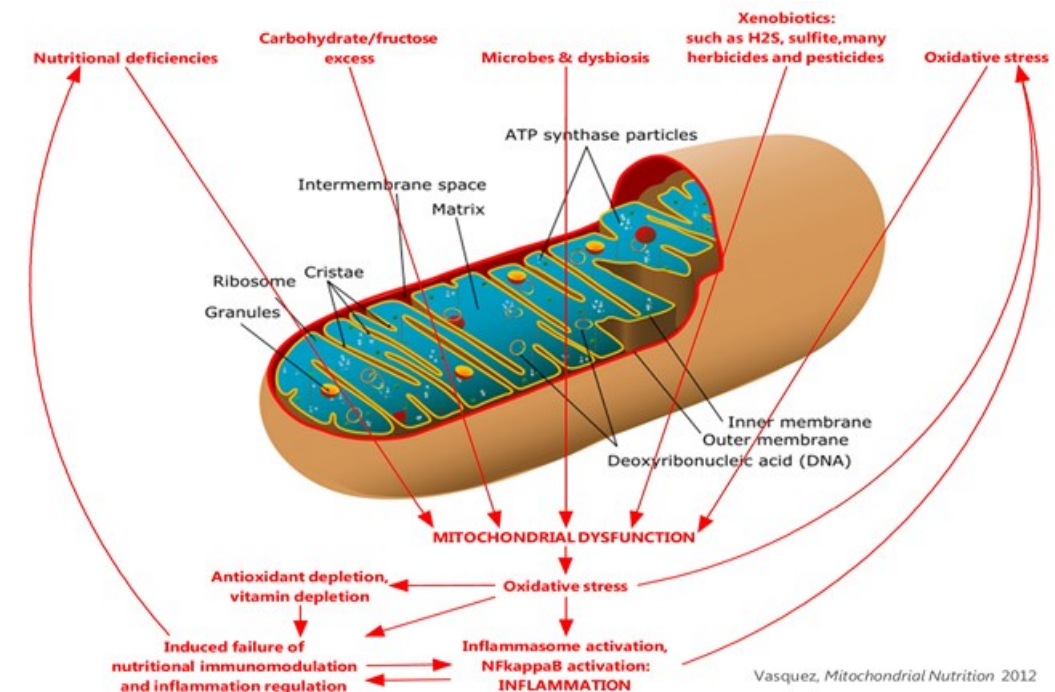
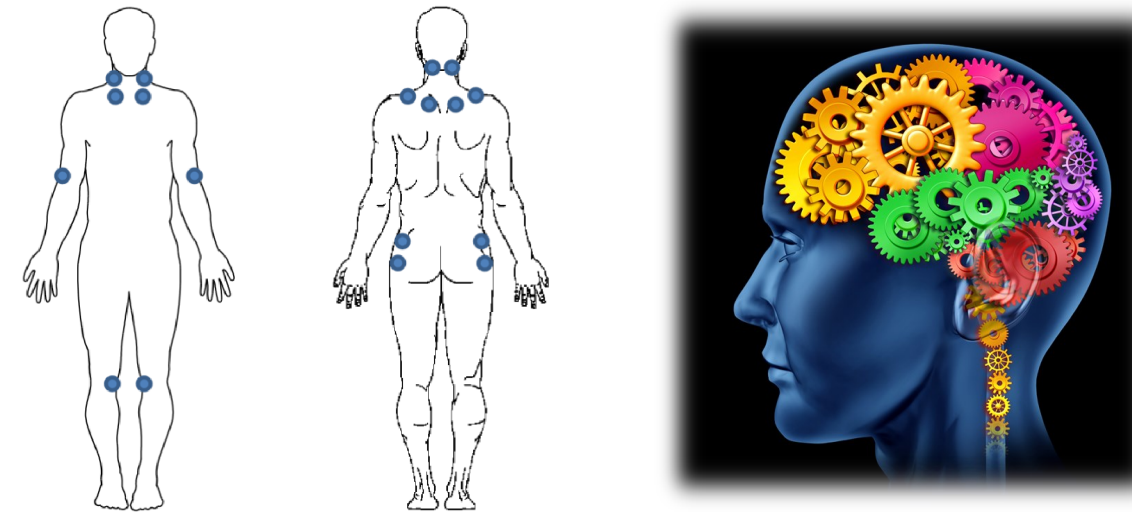
About the Presenter and Author: The founding Program Director of the world's first fully-accredited university-based graduate program in Human Nutrition and Functional Medicine, Dr Alex Vasquez is a graduate of University of Western States (Doctor of Chiropractic, 1996), Bastyr University (Doctor of Naturopathic Medicine, 1999), and University of North Texas Health Science Center, Texas College of Osteopathic Medicine (Doctor of Osteopathic Medicine, 2010). Dr Vasquez is the author of several textbooks—*Integrative Orthopedics* (2004, 2007, 2012) *Integrative Rheumatology* (2006, 2007, 2013), *Musculoskeletal Pain: Expanded Clinical Strategies* (published by the Institute for Functional Medicine, 2008), *Chiropractic and Naturopathic Mastery of Common Clinical Disorders* (2009), *Integrative Medicine and Functional Medicine for Chronic Hypertension* (2011), *Migraine Headaches, Hypothyroidism, and Fibromyalgia* (2012), *Fibromyalgia in a Nutshell* (2012)—and approximately 100 letters and articles in professional magazines and medical journals such as *The Lancet*, *BMJ—British Medical Journal*, *Annals of Pharmacotherapy*, *Nutritional Perspectives*, *JMPT—Journal of Manipulative and Physiological Therapeutics*, *JAMA—Journal of the American Medical Association*, *Original Internist*, *Integrative Medicine*, *Holistic Primary Care*, *Alternative Therapies in Health and Medicine*, *JAOA—Journal of the American Osteopathic Association*, *Dynamic Chiropractic*, *Journal of Clinical Endocrinology and Metabolism*, and *Arthritis & Rheumatism—Official Journal of the American College of Rheumatology*. Dr Vasquez lectures nationally and internationally to healthcare professionals and practices in Oregon as a naturopathic physician. Dr Vasquez is also the Founding Editor of *International Journal of Human Nutrition and Functional Medicine* and the Conference Director for The International Conference on Human Nutrition and Functional Medicine—[www. Int J Hum Nutr Funct Med. org](http://www.IntJHumNutrFunctMed.org)

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SELECTED TOPICS IN NEUROMUSCULOSKELETAL MEDICINE:

Text Chapters and Presentation Slides on Clinical Concepts, Patient Assessments, Laboratory Interpretation, Carpal Tunnel Syndrome, Migraine Headaches, Fibromyalgia, Chronic Fatigue Syndrome, and Back Pain



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