

INTERNATIONAL CONFERENCE / COLLEGE OF HUMAN NUTRITION AND FUNCTIONAL MEDICINE

PORTLAND OREGON CONVENTION CENTER • SEPTEMBER 25-29, 2013



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- Updated Overview of Dr Vasquez's Functional Inflammoly Protocol for Disorders of Sustained Inflammation
- Antirheumatic Use of Antimicrobial Drugs with Neuroendocrine Interventions in the Treatment of Autoimmunity
- Using Peer -Reviewed Research to Optimize Brain Function using Nutrition—What All Clinicians Need to Know
- Mitochondrial Nutrition and Beyond: Mitochondrial Optimization for Optimal Health
- Applying Dr Vasquez's Functional Inflammoly Protocol to Obesity, Hypertension, and DM2
- ICHNFM 2013: Conclusions, Memories, and Future

Alex Vasquez DC ND DO FACN, Director of Programs for the International College of Human Nutrition and Functional Medicine: The founding Program Director of the world's first fully-accredited university-based graduate program in Human Nutrition and Functional Medicine, Dr Alex Vasquez holds three doctoral degrees as a graduate of University of Western States (Doctor of Chiropractic, 1996), Bastyr University (Doctor of Naturopathic Medicine, 1999), and University of North Texas Health Science Center, Texas College of Osteopathic Medicine (Doctor of Osteopathic Medicine, 2010). Dr Vasquez is the author of many textbooks, including *Integrative Orthopedics* (2004-2012) *Integrative Rheumatology* (2006-2013), *Musculoskeletal Pain: Expanded Clinical Strategies* (published by the Institute for Functional Medicine, 2008), *Chiropractic and Naturopathic Mastery of Common Clinical Disorders* (2009), *Integrative Medicine and Functional Medicine for Chronic Hypertension* (2011), *Migraine Headaches, Hypothyroidism, and Fibromyalgia* (2012), *Fibromyalgia in a Nutshell* (2012), and *Selected Topics in Neuromusculoskeletal Medicine* (2013). "DrV" has also written approximately 100 letters and articles for professional magazines and medical journals such as *TheLancet.com*, *British Medical Journal (BMJ)*, *Annals of Pharmacotherapy*, *Nutritional Perspectives*, *Journal of Manipulative and Physiological Therapeutics (JMPT)*, *Journal of the American Medical Association (JAMA)*, *Original Internist*, *Integrative Medicine*, *Holistic Primary Care*, *Alternative Therapies in Health and Medicine*, *Journal of the American Osteopathic Association (JAOA)*, *Dynamic Chiropractic*, *Journal of Clinical Endocrinology and Metabolism*, and *Arthritis & Rheumatism*, the Official Journal of the American College of Rheumatology. Dr Vasquez lectures nationally and internationally to healthcare professionals and practices in Oregon as a naturopathic physician. Dr Vasquez is the Founding Editor of *International Journal of Human Nutrition and Functional Medicine (IntJHumNutrFunctMed.org)* and the Conference Director of the International Conference on Human Nutrition and Functional Medicine (ICHNFM.org).

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ICHNFM 2013: Conference Presentation Slides from Dr Alex Vasquez

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